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CHILD/ADOLESCENT/TEEN (16 AND UNDER) WELLNESS ASSESSMENT

Last Name

First Name

DOB

EAP Provider

Authorization #

Today's Date

Visit #:

- ◯ 1 or 2
- ◯ 3 to 5
- ◯ Other

Relationship to Child

- ◯ Mother
- ◯ Father
- ◯ Stepparent
- ◯ Other relative
- ◯ Child/Self
- ◯ Other

Please describe what you believe is your goal in counseling.

For Questions 1-21, please think about your experience in the past week.

	Never	Sometimes	Often
1. Destroyed Property	○	○	○
2. Was unhappy or sad	○	○	○
3. Behavior caused school problems	○	○	○
4. Had temper outbursts	○	○	○
5. Worrying prevented him/her from doing things	○	○	○
6. Felt worthless or inferior	○	○	○
7. Had trouble sleeping	○	○	○
8. Changed moods quickly	○	○	○
9. Used alcohol	○	○	○
10. Was restless, trouble staying seated	○	○	○
11. Engaged in repetitious behavior	○	○	○
12. Used drugs	○	○	○
13. Worried about most everything	○	○	○
14. Needed constant attention	○	○	○

What do you like to do with your spare time? i.e., hobbies, interests, etc.

How much has your child's issues caused:

	Not at All	A Little	Somewhat	A Lot
15. Interruption of personal time?	○	○	○	○
16. Disruption of family routines?	○	○	○	○
17. Any family member to suffer mental or physical problems?	○	○	○	○
18. Less attention paid to any family member	○	○	○	○
19. Disruption or upset relationships within the family	○	○	○	○
20. Disruption or upset your family's social activities?	○	○	○	○

21. How many days in the past week was your child's usual routine interrupted by their emotional issues?

Answer the following if this is your first time completing the questionnaire.

22. In general, your child's health is:

- ○ Excellent
- ○ Very Good
- ○ Good
- ○ Fair
- ○ Poor

23. In the last 6 months, how many times did your child visit a medical doctor?

- ○ None
- ○ 1
- ○ 2-3
- ○ 4-5
- ○ 6+

24. In the past month, how many days were you unable to work because of your child's problems? *(answer only if employed)*

25. In the past month, how many days were you able to work but had to cut back on how much you got done because of your child's problems? *(answer only if employed)*

Other Comments: